Bears Wood Scout Campsite

Conditions of use – operating procedures

Slack Lining

Introduction

The Slack Lining sessions at Bears Wood are run using our equipment in the area adjacent to the Zip Line, between sites 9 and 10 near the perimeter with the golf course.

This is a 'self-led' activity, therefore please ensure you read, understand & sign the related 'Conditions of Use' before starting the session. It will then be your responsibility to ensure the session is run in as safe a manner as possible, including managing your participants behaviour throughout.

Minimum Age: 5¾ years old

Most appropriate for: 5¾ +

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Conditions of Use (CoU)

Maximum Weight: N/A

Minimum Weight: N/A

Minimum Age: 5¾ years old

Ratio: 1:12

Session Length: 60 minutes

Minimum Training/ Qualification Requirements

Signed CoU + 18 years old or over.

Pre-Use Checks (the slack line should already be set up for you) • The slack Line is firmly attached to the 2 trees and is sufficiently tight. • Slackline is set up not more than 50cm from ground. • • The ratchet mechanism has been covered by padding to avoid tampering and protect users. • The area around the Slack Line is clear and safe with no obstructions, trip hazards, sharp sticks, stones, or flints.	**Post-Use Checks** • The equipment is all still in good repair & fit for purpose. • The equipment is free from excess mud. • The area around the Slack Line is clear and safe with no obstructions, trip hazards, sharp sticks, stones, or flints.
Set Up • The equipment should already be set up for you by the Bears wood crew. • Carry out pre-use checks. • Ensure you have a first aid kit to hand	**Pack Down** • Carry out post-use checks. • Ensure area is tidy and free of any rubbish. • The Bears Wood crew will take down and pack away the apparatus.

Key Safety Points

- This activity <u>must always be closely supervised</u>. It should only be used for a booked session. No unsupervised use at any other time.
- Ensure that participants have no injuries or conditions that will be affected by the activity.
- Participants to wear appropriate closed toe footwear.
- Visual checks made by responsible person before the session.
- Obvious trip hazards removed or clearly marked.
- Please instruct all participants not to jump off the slackline, step down from it.
- Those watching should stand clear of activity when not on slackline or supporting.
- You may need to provide assistance to participants when they are stepping up and down from the slackline.
- Spotters used to support on both sides of participants if required.
- Those supporting should be of a similar size to who they're supporting.
- Supporters should not put themselves at risk injury when attempting to catch fallers.
- Any physical contact should be only in the interest of safety & must be restricted to acceptable places on the participant's body – suggest participants hold the shoulders of the supporters.
- Ensure no food or drink including chewing gum etc. is being consumed during the activity.
- Please have your own first aid kit available.

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BEARS WOOD SLACK LINE – USER INSTRUCTIONS

THIS ACTIVITY MUST BE SUPERVISED BY **AN ADULT LEADER**

Please read the risk assessment carefully

Participants are challenged to build up to crossing the slackline without any help from others; the best way to think of it is like a cross between a trampoline and a tight rope.

- Please instruct all participants not to jump off the slackline, step down from it.
- You may need to provide assistance to participants when they are stepping up and down from the slackline.
- Spotters used to support on both sides of participants if required.

I have been provided with and have read the risk assessment for this activity.

I have read, understood, & agree to abide by the Conditions of Use for the Slack Line, as detailed above.

Name: _____

Signature: _____

Group/ Unit/ Organisation: _____

Date: _____ **Booking Ref:** _____